



MAKING LIFE WORK BETTER 2019

Emotional exhaustion, depersonalisation, vicarious trauma, and low sense of personal achievement are all factors which contribute to burnout, intent to leave, ill health and workplace error, not to mention the negative effects upon our personal and professional relationships.

Healthcare professionals increasingly report such symptoms, and indeed, the GMC National Training Survey 2018, noted that 1 in 4 trainees, and 1 in 5 medical trainers reported features of burnout.

'Making Life Work Better' aims to be an impactful and entertaining one day conference, which addresses areas where we can all make a difference to our own health and wellbeing in the workplace, and that of our colleagues.

Thursday 12 September 2019

Venue

Royal College of Physicians and Surgeons of Glasgow

Who should attend?

Open to all

Fees

Member: £25 (limited availability)

Standard: £40

BOOK NOW
rcp.sg/workbetter
+44 (0)141 221 6072



This conference builds upon the success of the inaugural 2018 event, with a focus on how fostering a 'well' workplace culture, has a direct effect on patient safety and quality of care.

It promises to be an impactful programme which leaves attendees inspired to make changes within their own organisations.

The conference programme will include:

- Burnout, PTSD, Intent to Leave
- Learning from Excellence
- Maintaining Optimal Performance under high workload/repetitive conditions
- Teamwork
- Resilience
- Valuing the Workforce
- Bullying
- Suicide and Mental Health
- Continuing professional development
- Staff wellbeing and proposed solutions

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